Commentary on the Apostles’ Creed
Tibetan-English Edition
1.1 Today, many Tibetans are hearing about the Lord Jesus Christ. The Lord Jesus lived about 2,000 years ago during the time of the Han dynasty in the land of Israel in western Asia. The Lord Jesus was a famous teacher with many disciples. After teaching His disciples for three years, He sent them out into the world to proclaim the good news. The good news is this: if people turn away from doing bad things, believe in the Lord Jesus Christ, and obey His teachings, they will receive new life and live forever with God. The people who proclaimed this message were called the Lord
Jesus’ ‘apostles’. Everywhere they went, the apostles told people how to receive eternal life by believing in the Lord Jesus Christ. Many people believed their message and obeyed God’s word. They gathered together in small groups called ‘churches’.

1.2 During the time of the Jin dynasty, the churches created a short and easy-to-remember summary of the apostles’ teaching. Even though it was not written by the Lord Jesus’ apostles themselves, because it is a summary of the apostles’ teaching, it was called ‘The Apostles’ Creed’. The Apostles Creed has been said by Christians all over the world for many centuries now.
1.3 The Creed is important today for three reasons. 1) It is a summary of what Christians believe. 2) It is a convenient way for new believers to learn about the Lord Jesus Christ and His teaching. 3) It shows that all who believe in the Lord Jesus are one. By saying the Apostles’ Creed, we show that we believe and teach the same things that are believed and taught by Christians all over the world, ever since the time of the Han dynasty. The Creed is as follows:
1.4 I believe in God the Father Almighty, Maker of heaven and earth.

I believe in Jesus Christ, who is God’s only Son, our Lord; who was born of the Holy Spirit in the womb of the young woman Mary; who suffered under the power of Pontius Pilate; who was crucified, died and was buried; who descended into the realm of the dead; and on the third day rose alive again; who was exalted to God’s heaven and, now sits at the right hand of Almighty God; and who will later come to judge the living and the dead.
I believe in the Holy Spirit, the holy universal church, the fellowship of believers; the forgiveness of sins; the resurrection, and eternal life. Amen.

1.5 The Creed is traditionally divided into three sections and twelve articles. The first section teaches about God, the second section about the Lord Jesus Christ, and the third section about the Holy Spirit, the Church, and other matters.
Section One: Teaching About God

2.1 According to the Bible, the world began in this way:

In the beginning, God created the heavens and the earth. The earth was without form and void, and darkness was over the face of the deep. And the Spirit of God was hovering over the face of the waters. And God said, “Let there be light,” and there was light. And God saw that the light was good. And God separated the light from the darkness. God called the light Day, and the darkness he called Night.
And there was evening and there was morning, the first day (Genesis 1:1-5).

2.2 Based on this historical account we know that God made the world and all that is in it. This is the subject of the first article in the Creed.

1 Genesis 1:1-5
2.3 This first article of the Creed asserts four things about God: 1) He exists; 2) He is like a father; 3) He has all power; and 4) at the beginning of time, He made everything there is.

2.4 God Exists: God is the supreme ruler of the universe (1 Timothy 6:15). He has no beginning or end (1 Timothy 1:17). He is infinite and He never changes (James 1:15, Malachi 3:6). He is the source of all being; (Genesis 1:1) the whole universe depends on

---

2 ་ཕུར་ཚོགས་ལ་འགོག་པའི་ལོ་འཕེལ་དཔལ་དོན་དབང་ཀུན་དང་ལྡན་པའི་ཡབ་ཆེན་
3 ་ཕུར་ཚོགས་ལ་འགོག་པའི་ལོ་འཕེལ་དཔལ་དོན་དབང་ཀུན་དང་ལྡན་པའི་ཡབ་ཆེན་
Him for its existence (Romans 11:36). Although God cannot be seen, He is everywhere at all times (Jeremiah 23:23-24). He knows all things (Psalms 147:5). He sees all we do (Psalms 139:1-16). He is completely free, and He does not need anything from us (Acts 17:24-25).

2.5 There is only one God. God the Father, God the Son, and God the Holy Spirit are God. God the Father made the world and all that is in it. God the Son is the Lord Jesus Christ, who came into...
this world to save us from the punishment for sin. God the Holy Spirit lives in the hearts of all who believe in the Lord Jesus. Although these three (Father, Son, and Holy Spirit) are not the same, they each have the same nature. This clearly shows that God is not the same as the Triple Refuge of Buddhism. God is not a god or a bodhisattva. Because He is infinite, He cannot be represented by idols or images that people make (Exodus 20:4-5, Deuteronomy 5:8-9).
2.6 God is absolutely holy and is completely without evil or sin. God hates evil and always punishes sin (Exodus 34:5-7). But God is also patient, merciful, and good. He forgives those who repent of their sin and rewards those who earnestly seek Him (Hebrews 11:6). God is love (1 John 4:8).

2.7 Almighty God has all authority and power. He is more powerful than anything He made. He is able to do everything according to His will (Luke 1:37). Since there cannot be more than one be-
ing with all power, God is one (Mark 12:29). God always uses His power for good. God never does evil.

2.8 God is the Father of those who have faith. He created us (1 Corinthians 8:6). God is also the Father of the Lord Jesus (John 3:35). When we believe in the Lord Jesus, we become part of God’s family, and He becomes our Father (John 1:12, Romans 8:16). This means that God loves us, cares for us, and protects us from evil (Matthew 6:13).
2.9 God is the Creator of heaven and earth. A potter makes things out of clay, and a carpenter makes things out of wood, but God made the world out of nothing at all (John 1:3). God made all the mountains and rivers in Tibet and all the stars we can see at night. He made all the living things that we can see. He also made beings that we do not see. All that God originally created was good (Genesis 1:31).
3.1 The Names of Jesus Christ: In ancient times God spoke to His people through Israel’s prophets. He promised that He would send a King to save them from their sins. In the ancient Hebrew language, the name of this coming king was ‘Messiah’. Later, in the first century, Greek became the international language and Messiah was translated as Christ.
ment was first translated into Tibetan in 1885 in Ladakh, this name was transliterated as ‘Mashika’. For these reasons, the Lord Jesus is known in Tibetan as the Lord Jesus Messiah or Lord Jesus Christ.

3.2 Before the Lord Jesus was born into this world, God sent a messenger to His parents (Matthew 1:20-21, Luke 1:31). The messenger told them that a Son would be born, and that He should be named Jesus. In the ancient Hebrew language the name Jesus is Joshua, which comes from two words that mean ‘Lord’ and ‘save’. God gave Him the name Jesus because He saves people from sin.
3.3 The Lord Jesus is God’s only Son: God is the Father of the Lord Jesus, and the Lord Jesus is His only Son (John 3:16). The Lord Jesus was God’s Son from before the world began (John 1:1). The Lord Jesus knows God because He is His Son. As a son obeys his father, the Lord Jesus does all that God His Father commands (John 5:30). So in this way, the Lord Jesus perfectly represents God’s nature (John 1:3).

3.4 The Lord Jesus is our Lord and Master. God made the world and all that is in it through the Lord Jesus Christ (Colossians 1:16).
He is the Lord of all that is in the world. He is the Lord of all who believe in Him. Because the Lord Jesus is God, people should believe and obey all that He teaches. The sins of those who believe and obey His teachings will be forgiven. They will be invited into His presence and live with Him forever. The sins of those who do not believe or obey the Lord Jesus’ teachings will not be forgiven. They will be sent away from His presence and with the devil Satan will experience eternal punishment for their sins (Matthew 7:23).
3.5 At the time of China’s Han dynasty, Israel was ruled by the Roman Empire. Roman armies had conquered many peoples in Europe, North Africa, and the Middle East. The Romans even traded with China across the ancient trade route called the Silk Road. It was during this period that the Lord Jesus was born. He was born as follows:

3.6 The angel Gabriel was sent from God to a city of
Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David. And the virgin’s name was Mary. And he came to her and said, “Greetings, O favored one, the Lord is with you!” But she was greatly troubled at the saying, and tried to discern what sort of greeting this might be. And the angel said to her, “Do not be afraid, Mary, for you have found favor with God. And behold, you will conceive in your womb and bear a son, and you shall call his name Jesus. He will be great and will be called the Son of the Most High. And the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever, and of
his kingdom there will be no end.” And Mary said to the angel, “How will this be, since I am a virgin?” And the angel answered her, “The Holy Spirit will come upon you, and the power of the Most High will overshadow you; therefore the child to be born will be called holy—the Son of God. And behold, your relative Elizabeth in her old age has also conceived a son, and this is the sixth month with her who was called barren. For nothing will be impossible with God.” And Mary said, “Behold, I am the servant of the Lord; let it be to me according to your word.” And the angel departed from her (Luke 1:26-38).

3.7 In this way, the Lord Jesus was born by means of
God’s supernatural power. His human mother was Mary, and His heavenly Father was God. The Lord Jesus was not an incarnate lama; He was fully human and also fully divine; (Colossians 2:9) completely without any sin (Hebrews 4:15). He knew the will of God His Father and always did it.
Article 4. The Lord Jesus Suffered Under Pontius Pilate, Was Crucified, Died, and Was Buried

3.8 Before the beginning of time the Lord Jesus was with God His Father. There He experienced perfect peace and fellowship with His Father. In order to save us from our sins, the Lord Jesus left heaven and came to live on earth. Having a human body, (Philippians 2:6-7) He experienced hunger, thirst, tiredness, pain, and all the other sufferings of humanity (Hebrews 2:14). He taught His disciples that God loves...
all people. Because of this love, God sent His Son into the world. If anyone believes in God’s Son and repents of his own sin, even though he dies he will live with God forever (John 3:16). To show that this message is true, the Lord Jesus did many miracles. He healed many sick people and restored the dead to life again (John 11:1-44). Large crowds followed Him wherever He went (Matthew 4:24-25).

3.9 The leaders of Israel were envious of the Lord Jesus and arrested Him (Mark 15:10). They brought Him to the national council and ac-

34 བྱ་བོའི་ཕྱིུ་བོད་བདེན་པ་ཡིན་པ་སྟོན་པའྱི་ཕྱིར་གཙོ་བོ་ཡེ་ཤུ་ལ་ཕག་དོག་བས་པས་ཁོང་འཛིན་བཟུང་བས།
35 གཤིན་པོ་རྣམས་སར་གསོན་པོར་མཛད།
36 མད་ཐཱ་ཡིས་བྱིས་པའི་འཕྱིན་བཟང་ལྲེའུ་14༠-25 ལ་གཟྱིགས།
37 མར་ཀུས་བྱིས་པའི་འཕྱིན་བཟང་ལྲེའུ་15༠-10 ལ་གཟྱིགས།
cused Him of blasphemy. They wanted to sentence Him to death. But they could not do this without permission from the Roman government. The Roman governor at the time was a man named Pontius Pilate. He ruled Israel from AD 26 to 36. Pilate found the Lord Jesus to be innocent of any crime, and wanted to release Him. But the Jewish leaders opposed him. In the end he allowed the leaders of the Yahuda people to put Jesus to death by putting Him on a cross. This was a cruel form of punishment. Even though the Lord Jesus was completely innocent, He experienced much suffering. He died on the cross and His body was placed in a tomb (John 19:41-42).
3.10 The Lord Jesus led a blameless life. He is the only human being who never committed any sin. The reason He suffered and died was to take on Himself the punishment of our sins. He said, “The greatest love is to lay down one’s life for his friends.” (John 15:13)
Article 5. The Lord Jesus Descended into the Place of the Dead, and on the Third Day He Rose Again

3.11 The Lord Jesus rose alive from death three days later. According to the Bible it happened as follows: “But on the first day of the week, at early dawn, they went to the tomb, taking the spices they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body of the Lord Jesus. While they were perplexed about this, behold, two men stood by them in dazzling apparel. And as they were frightened and bowed their faces to the
ground, the men said to them, ‘Why do you seek the living among the dead? He is not here, but has risen. Remember how he told you, while he was still in Galilee, that the Son of Man must be delivered into the hands of sinful men and be crucified and on the third day rise.’ And they remembered his words, and returning from the tomb they told all these things to the eleven and to all the rest. Now it was Mary Magdalene and Joanna and Mary the mother of James and the other women with them who told these things to the apostles, but these words seemed to them an idle tale, and they did not believe them. But Peter rose and ran to the tomb; stooping and looking
in, he saw the linen cloths by themselves; and he went home marveling at what had happened.” (Luke 24:1-12)

3.12 After these things, the Lord Jesus Himself stood among His disciples, and said to them, “Peace to you!” But they were startled and frightened and thought they saw a spirit. And he said to them, “Why are you troubled, and why do doubts arise in your hearts? See my hands and my feet, that it is I myself. Touch me, and see. For a spirit does not have flesh and bones as you see that I have.” And when he had said this, he showed them his hands and his feet. And while they still disbelieved for joy and were marveling, he said to them,
“Have you anything here to eat?” They gave him a piece of broiled fish, and he took it and ate before them (Luke 24:36-43).

3.13 After the Lord Jesus came to life again, He appeared to many of His disciples (1 Corinthians 15:6). The Lord Jesus did not die again. He is not a ghost or apparition. (According to Tibetan folk stories, such beings die again after they come back from the dead. The Lord Jesus died once, became alive again, and can never die again.) He now lives in God’s heaven. He gives eternal life to all who believe in Him and who obey His word (John 5:24, 1 Peter 1:3-5).
Article 6. The Lord Jesus Ascended Into Heaven and Now Sits at the Right Hand of God the Father Almighty

3.14 After the Lord Jesus’ resurrection, He met His disciples and said to them, “But you will receive power when the Holy Spirit has come upon you, and you will be my witnesses in Jerusalem and in all Judea and Samaria, and to the end of the earth.” And when he had said these things, as they were looking on, he was lifted up, and a cloud took him out of their sight. And while they were gazing into heaven as he went, behold, two men stood by them in white robes, and said, “Men
of Galilee, why do you stand looking into heaven? This Jesus, who was taken up from you into heaven, will come in the same way as you saw him go into heaven.” (Acts 1:8-11)

3.15 After the Lord Jesus ascended to heaven, He sat down at the right hand of God (Mark 16:19). This means that He is near to God and speaks to God on behalf of all who believe in Him (Romans 8:34, Hebrews 10:12).

Article 7. The Lord Jesus Will Come to Judge the Living and the Dead

3.16 Someday the Lord Jesus will come again from heaven to earth in order to judge the people of the world. Except for God the Father no one knows when that day or time will come (Mark 13:32). But the Lord Jesus said the following about it:

3.17 “When the Son of Man comes in his glory, and all the angels with him, then he will sit on his glorious throne. Before him will be gathered all the nations, and he will separate people one from another as a shepherd separates the
Then the King will say to those on his right, 'Come, you who are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world. For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me, I was naked and you clothed me, I was sick and you visited me, I was in prison and you came to me.' Then the righteous will answer him, saying, 'Lord, when did we see you hungry and feed you, or thirsty and give you drink? And when did we see you a stranger and welcome you, or naked and clothe sheep from the goats. And he will place the sheep on his right, but the goats on the left.
you? And when did we see you sick or in prison and visit you?’ And the King will answer them, ‘Truly, I say to you, as you did it to one of the least of these my brothers, you did it to me.’ Then he will say to those on his left, ‘Depart from me, you cursed, into the eternal fire prepared for the devil and his angels. For I was hungry and you gave me no food, I was thirsty and you gave me no drink, I was a stranger and you did not welcome me, naked and you did not clothe me, sick and in prison and you did not visit me.’ Then they also will answer, saying, ‘Lord, when did we see you hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to you?’ Then
he will answer them, saying, ‘Truly, I say to you, as you did not do it to one of the least of these, you did not do it to me.’ And these will go away into eternal punishment, but the righteous into eternal life.” (Matthew 25:31-46)

3.18 The Apostle Paul warns us about this, “But because of your hard and impenitent heart you are storing up wrath for yourself on the day of wrath when God’s righteous judgment will be revealed. He will render to each one according to his works: to those who by patience in well-doing seek for glory and honor and immortality, he will give eternal life; but for those who are self-seeking and do not obey the
truth, but obey unrighteousness, there will be wrath and fury. There will be tribulation and distress for every human being who does evil, the Jew first and also the Greek, but glory and honor and peace for everyone who does good, the Jew first and also the Greek. For God shows no partiality.” (Romans 2:5-11)

3.19 Most Tibetan people have not heard this teaching before. As the Apostle Paul said, “The times of ignorance God overlooked, but now he commands all people everywhere to repent, because he has fixed a day on which he
will judge the world in righteousness by a man whom he has appointed; and of this he has given assurance to all by raising him from the dead.” (Acts 17:30-31)

3.20 The Apostle John wrote that on that day, people from every nation will be saved. He said, “After this I looked, and behold, a great multitude that no one could number, from every nation, from all tribes and peoples and languages, standing before the throne and before the Lamb, clothed in white robes, with palm branches in their hands.” (Revelation 7:9)
3.21 The Apostle Paul wrote, “For the grace of God has appeared, bringing salvation for all people, training us to renounce ungodliness and worldly passions, and to live self-controlled, upright, and godly lives in the present age, waiting for our blessed hope, the appearing of the glory of our great God and Savior Jesus Christ, who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.” (Titus 2:11-14)
Section Three: Teaching About the Holy Spirit and the Church of the Lord Jesus

Article 8. I Believe in the Holy Spirit

4.1 God is God the Father, God the Son, and God the Holy Spirit (Matthew 28:19). God the Holy Spirit was present at the creation of the world (Genesis 1:2) with God the Father and God the Son. The Holy Spirit gives boundless life to God’s people (John 6:63). After the Lord Jesus ascended into

---

53 Matthew 28:19
54 Genesis 1:2
55 John 6:63
4.2 “Suddenly there came from heaven a sound like a mighty rushing wind, and it filled the entire house where they were sitting. And divided tongues as of fire appeared to them and rested on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues as the Spirit gave them utterance.” (Acts 2:2-4)
4.3 The Holy Spirit lives in the hearts of those who believe in the Lord Jesus. He tells us that we are children of God (Romans 8:16). The Holy Spirit also shows us how to live in a way that pleases God. As the Apostle Paul said,

“But I say, walk by the Spirit, and you will not gratify the desires of the flesh. For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do. But if you are led by the Spirit, you are not under the law. Now the works of the flesh are evident: sexual immorality, impurity, sensuality,
idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. If we live by the Spirit, let us also walk by the Spirit.” (Galatians 5:16-25)
Article 9. I Believe in the Holy Catholic Church and the Communion of Saints

4.4 After the Holy Spirit came to live among God’s people, the Lord Jesus’ apostles went out into the whole world to preach the good news of the Lord Jesus Christ. Some of them went towards Europe and Africa. Some went towards Asia. Within a few centuries, there were churches in Central Asia and India. Christianity came to China in the 7th century. It has come to Tibet from China and India.

59 635 ཤེར་(རང་སྙིང་མོ་མཉམ་པོ་བོད་པ་) དེ་དུ་འོག་
ཐེག་པ་དེ་དེའམ་དོན་དབང་ སོགས་འཛམ་གྱིང་སྐྱེས་རྒྱ་རྒྱལ་པོ་
གཅིག་མི་ཞེས་པར་ཐོག (བཙུན་བོད་པ་མེད་གནམ་པ་བཅོམ་འདོད་
སྐྱེས་པ་དེ་དེའམ་དོན་དབང་ སོགས་157 བོད་པ་ཐོག)
4.5 Today, followers of the Lord Jesus live all over the world. Christians who live in Russia or Mongolia or China or India or Nepal or Korea are like members of God’s family; God’s family is called ‘the body of Christ’. All believers worship just one God; all of them believe the doctrines taught by the apostles; all of them have fellowship with one another in the Lord Jesus. Believers of times past are now in heaven with the Lord. So the Church of the Lord Jesus is like the family of God the Father. Some are with Him in heaven, and some are here on the earth (Hebrews 12:22-24).
Article 10. I Believe in the Forgiveness of Sins

4.6 To sin is to disobey God’s word. If God tells us not to do something but we do it, that is sin. If God tells us to do something and we do not do it, that also is sin. For example, God commanded, ‘Do not steal’. If someone steals something, that person has committed sin. God is everywhere and, sees and knows everything. Even if we sin secretly, God knows. Since none of us can perfectly obey God’s commandments, all of us have sinned (Romans 3:23). In fact, it is our nature to sin. We sin both against God and against

61 ལྷུན་འབད་འཁོར་བོད་ཀ་རླུང་ཁོར་གཅིག་བསྔོད་མ་73 དོན་23 སྨིན་པ།
other people. When we sin against God we must ask His forgiveness (Matthew 6:12). When we sin against others we must ask their forgiveness. (Ephesians 4:32). When others sin against us, we must forgive them (Matthew 18:21-22).

4.7 The Lord Jesus told a story to show why this is so. He said, “Therefore the kingdom of heaven may be compared to a king who wished to settle accounts with his servants. When he began to settle, one was brought to him who owed him ten thousand talents. And since he could not pay, his master ordered him to be sold, with his wife and children and all..."
that he had, and payment to be made. So the servant fell on his knees, imploring him, ‘Have patience with me, and I will pay you everything.’ And out of pity for him, the master of that servant released him and forgave him the debt. But when that same servant went out, he found one of his fellow servants who owed him a hundred denarii, and seizing him, he began to choke him, saying, ‘Pay what you owe.’ So his fellow servant fell down and pleaded with him, ‘Have patience with me, and I will pay you.’ He refused and went and put him in prison until he should pay the debt. When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to
their master all that had taken place. Then his master summoned him and said to him, ‘You wicked servant! I forgave you all that debt because you pleaded with me. And should not you have had mercy on your fellow servant, as I had mercy on you?’ And in anger his master delivered him to the jailers, until he should pay all his debt. So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart.” (Matthew 18:23-35)

4.8 God hates sin. His punishment of sin is what the Bible calls ‘the wrath of God’. Because all of us have sinned, we are subject to God’s judgment and wrath (Romans 1:18).
So the Lord Jesus teaches us to forgive the sins of others and to ask God for forgiveness of our own sins.

Forgive us our sins as we forgive others who sin against us.
(Matthew 6:12)

If we do so, He promises to forgive us. The apostle John wrote, “If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.”
(1 John 1:9)
Article 11. I Believe in the Resurrection of the Body

4.9 The Lord Jesus was raised from death and now lives forever with God. He promises that if we repent of our sins and obey Him, He will raise us from death and give us eternal life with Him in heaven. The Apostle Paul speaks of the day at the end of time when this will happen:

“Behold! I tell you a mystery. We shall not all sleep, but we shall all be changed, in a moment, in the twinkling of an eye, at the last trumpet. For the trumpet will sound, and the dead will be raised imperishable, and we shall be changed. For this perishable
body must put on the imperishable, and this mortal body must put on immortality.”
(1 Corinthians 15:51-53)

4.10 The Lord Jesus said, “For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him. Whoever believes in him is not condemned, but whoever does not believe is condemned already, because he has not believed in the name of the only Son of God.” (John 3:16-18)
4.11 The Apostle John tells us what eternal life will be like. “And I heard a loud voice from the throne saying, ‘Behold, the dwelling place of God is with man. He will dwell with them, and they will be his people, and God himself will be with them as their God. He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.’” (Revelation 21:3-4)

4.12 “These things are written so that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name.” (John 20:31)
May God bless you as you read the Apostles’ Creed and as you say it together with other believers.
སྐུ་ཉྱིད་ཀྱིས་ཡེ་ཤུ་མཱ་ཤྱི་ཀའྱི་སོར་དྲེ་བས་
གཏྱིང་གཟབ་མཁྲེན་པ་དང་སྟོབས་བསྟུན།

May God bless you
as you discover more
about Jesus Christ.